

HUNTINGTON'S DISEASE SPRINT TRIATHLON

SWIM WAVES

WAVE #	START	DIVISION	CAP COLOR
Wave #1	7:30	Elite	Red
Wave #2	7:32	39 & Under	Green
Wave #3	7:35	40 & over	Yellow
Wave #4	7:38	Women(Excluding Elite & Relay Teams)	Pink
SPRINT DUATHLON	7:40		
Wave #5	7:41	(Clydesdale & Relay Teams)	White
Wave #6	7:44	First Timers & Fat Tire & AquaBike (excluding Women)	Blue